



Thought Model



What we **think** about a situation or circumstance determines our results.

Circumstances

can trigger



WANT TO LEARN HOW TO CREATE ANY RESULT...?

TALK TO THE COACH!

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TaVona Denise Boggs, PT is on a mission to help healthcare professionals avoid burnout, boredom and shatter glass ceilings. She uses her unique background as a physical therapist turned life + business coach to help healthcare professionals develop the courage and confidence to live life on their terms.

Join our free private community for women in healthcare. Connect with other go-getters, collaborate and consciously create the life you want: tavonadenise.com/group



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